

LHSAA MEDICAL HISTORY EVALUATION

IMPORTANT: This form must be completed annually, kept on file with the school, & is subject to inspection by the Rules Compliance Team.
Please Print

Name: _____ School: _____ Grade: _____ Date: _____
 Sport(s): _____ Sex: M / F Date of Birth: _____ Age: _____ Cell Phone: _____
 Home Address: _____ City: _____ State: _____ Zip Code: _____ Home Phone: _____
 Parent / Guardian: _____ Employer: _____ Work Phone: _____

FAMILY MEDICAL HISTORY: Has any member of your family under age 50 had these conditions?

Yes	No	Condition	Whom	Yes	No	Condition	Whom	Yes	No	Condition	Whom
<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack/Disease	_____	<input type="checkbox"/>	<input type="checkbox"/>	Sudden Death	_____	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	_____
<input type="checkbox"/>	<input type="checkbox"/>	Stroke	_____	<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	_____	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	_____
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	_____	<input type="checkbox"/>	<input type="checkbox"/>	Sickle Cell Trait/Anemia	_____	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy	_____

ATHLETE'S ORTHOPAEDIC HISTORY: Has the athlete had any of the following injuries?

Yes	No	Condition	Date	Yes	No	Condition	Date	Yes	No	Condition	Date
<input type="checkbox"/>	<input type="checkbox"/>	Head Injury / Concussion	_____	<input type="checkbox"/>	<input type="checkbox"/>	Neck Injury / Stinger	_____	<input type="checkbox"/>	<input type="checkbox"/>	Shoulder L / R	_____
<input type="checkbox"/>	<input type="checkbox"/>	Elbow L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Arm / Wrist / Hand L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Back	_____
<input type="checkbox"/>	<input type="checkbox"/>	Hip L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Thigh L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Knee L / R	_____
<input type="checkbox"/>	<input type="checkbox"/>	Lower Leg L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Chronic Shin Splints	_____	<input type="checkbox"/>	<input type="checkbox"/>	Ankle L / R	_____
<input type="checkbox"/>	<input type="checkbox"/>	Foot L / R	_____	<input type="checkbox"/>	<input type="checkbox"/>	Severe Muscle Strain	_____	<input type="checkbox"/>	<input type="checkbox"/>	Pinched Nerve	_____
<input type="checkbox"/>	<input type="checkbox"/>	Chest	_____	Previous Surgeries: _____							

ATHLETE MEDICAL HISTORY: Has the athlete had any of these conditions?

Yes	No	Condition	Yes	No	Condition	Yes	No	Condition
<input type="checkbox"/>	<input type="checkbox"/>	Heart Murmur / Chest Pain / Tightness	<input type="checkbox"/>	<input type="checkbox"/>	Asthma / Prescribed Inhaler	<input type="checkbox"/>	<input type="checkbox"/>	Menstrual irregularities: Last Cycle: _____
<input type="checkbox"/>	<input type="checkbox"/>	Seizures	<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath / Coughing	<input type="checkbox"/>	<input type="checkbox"/>	Rapid weight loss / gain
<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	Hernia	<input type="checkbox"/>	<input type="checkbox"/>	Take supplements/vitamins
<input type="checkbox"/>	<input type="checkbox"/>	Irregular Heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	Knocked out / Concussion	<input type="checkbox"/>	<input type="checkbox"/>	Heat related problems
<input type="checkbox"/>	<input type="checkbox"/>	Single Testicle	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	Recent Mononucleosi
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Enlarged Spleen
<input type="checkbox"/>	<input type="checkbox"/>	Dizzy / Fainting	<input type="checkbox"/>	<input type="checkbox"/>	Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>	Sickle Cell Trait/Anemia
<input type="checkbox"/>	<input type="checkbox"/>	Organ Loss (kidney, spleen, etc)	<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Overnight in hospital
<input type="checkbox"/>	<input type="checkbox"/>	Surgery	<input type="checkbox"/>	<input type="checkbox"/>	Prescribed EPI PEN	<input type="checkbox"/>	<input type="checkbox"/>	Allergies (Food, Drugs)
<input type="checkbox"/>	<input type="checkbox"/>	Medications	List Dates for: Last Tetanus Shot: _____ Measles Immunization: _____ Meningitis Vaccine: _____					

PARENTS' WAIVER FORM

To the best of our knowledge, we have given true & accurate information & hereby grant permission for the physical screening evaluation. We understand the evaluation involves a limited examination and the screening is not intended to nor will it prevent injury or sudden death. We further understand that if the examination is provided without expectation of payment, there shall be no cause of action pursuant to Louisiana R.S. 9:2798 against the team volunteer health-care provider and/or employer under Louisiana law.

This waiver, executed on the date below by the undersigned medical doctor, osteopathic doctor, nurse practitioner or physician's assistant and parent of the student athlete named above, is done so in compliance with Louisiana law with the full understanding that there shall be no cause of action for any loss or damage caused by any act or omission related to the health care services if rendered voluntarily and without expectation of payment herein unless such loss or damage was caused by gross negligence. Additionally,

- If, in the judgment of a school representative, the named student-athlete needs care or treatment as a result of an injury or sickness, I do hereby request, consent and authorize for such care as may be deemed necessary.....Yes No
- I understand that if the medical status of my child changes in any significant manner after his/her physical examination, I will notify his/her principal of the change immediately.....Yes No
- I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/athletic director/principal of his/her school.....Yes No
- By my signature below, I am agreeing to allow my child's medical history/exam form and all eligibility forms to be reviewed by the LHSAA or its Representative(s)Yes No

Date Signed by Parent _____ Signature of Parent _____ Typed or Printed Name of Parent _____

II. COMPLETED ANNUALLY BY MEDICAL DOCTOR (MD), OSTEOPATHIC DR. (DO), NURSE PRACTITIONER (APRN) or PHYSICIAN'S ASSISTANT (PA)

Height _____ Weight _____ Blood Pressure _____ Pulse _____

GENERAL MEDICAL EXAM :			OPTIONAL EXAMS :			ORTHOPAEDIC EXAM :		
	Norm	Abnl	VISION:				Norm	Abnl
ENT	<input type="checkbox"/>	<input type="checkbox"/>	L: _____ R: _____ Corrected: _____			I. Spine / Neck	<input type="checkbox"/>	<input type="checkbox"/>
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	DENTAL:			Cervical	<input type="checkbox"/>	<input type="checkbox"/>
Heart	<input type="checkbox"/>	<input type="checkbox"/>	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16			Thoracic	<input type="checkbox"/>	<input type="checkbox"/>
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	31 30 29 28 27 26 25 24 23 22 21 20 19 18 17			Lumbar	<input type="checkbox"/>	<input type="checkbox"/>
Skin	<input type="checkbox"/>	<input type="checkbox"/>	II. Upper Extremity					
Hernia	<input type="checkbox"/>	<input type="checkbox"/>	Shoulder					
(if Needed)	<input type="checkbox"/>	<input type="checkbox"/>	Elbow					
COMMENTS:	_____		Wrist					
	_____		Hand / Fingers					
	_____		III. Lower Extremity					
	_____		Hip					
	_____		Knee					
	_____		Ankle					

From this limited screening I see no reason why this student cannot participate in athletics.
 Student is cleared
 Cleared after further evaluation and treatment for: _____
 Not cleared for: ___contact ___non-contact

Printed Name of MD, DO, APRN or PA _____ Signature of MD, DO, APRN or PA _____ Date of Medical Examination _____

This physical expires one year on the last day of the month that it was signed and dated by the MD, DO, APRN or PA.

Louisiana High School Athletic Association

Athletic Participation/Parental Permission Form

This form must be completed and signed **each year** prior to a student's participation in an athletic contest and shall be kept on file with the school. This form is subject to inspection by the LHSAA Rules Compliance Team.

PART I: To be completed and signed by student-athlete (Please Print)

Name: (Last, First, Middle) _____ School Year: _____

Home Address: _____ Parents' Home Address: _____

City: _____ Zip: _____ City: _____ Zip: _____

Date of Birth: _____ Date of Last Physical Exam: _____

I entered ninth grade in _____ (month and year). Last semester/year I attended _____
_____ School.

I certify the preceding information is correct, I have read the summary of LHSAA eligibility rules below and I am in compliance with these standards.

Date: _____ Student's Signature: _____

Telephone No: _____

ARE YOU ELIGIBLE?

As a student athlete in an LHSAA school, you must meet the following rules to be eligible for interscholastic athletic competition:

<u>RULE</u>	<u>COMMENTS</u>
BONA FIDE STUDENT	A student shall be enrolled in and attending an LHSAA member school on a regular basis and taking the required number of subjects which shall be recorded on the student's official transcript unless student is a special education student or in the 8 th grade or below. You must be counted as a student on the daily attendance records at your school. Attendance in one class makes you a student at that school.
ENROLLMENT	You be enrolled and attending a school in the first 11 school days of the school semester at any school or you will be ineligible for the first 30 school days.
AGE	You cannot become 19 years of age prior to September 1 of this year.
PROOF OF AGE	You must provide legal proof of age, which meets the provisions of the LHSAA handbook, to your school administrator to be kept on file at school.
CONSECUTIVE SEMESTERS	Once you enter the ninth grade, you have eight consecutive semesters to play athletics. (EXCEPTION: Hold-Back Repeat Student – See Rule 1.20.6 of the LHSAA handbook)
SCHOLASTIC	For regular education high school students at the end of the first semester you must pass at least six subjects in all subjects taken. At the end of the year and prior to the next school year, you must have earned at least six units with an overall "C" average for the entire previous school year as determined by the LEA in all units taken. All seniors must take at least four (4) subjects each semester. Special education students must consult the school principal, athletic director, or coach for scholastic information.
RESIDENCE AND SCHOOL TRANSFERS	Upon entering high school for the first time, a student shall have the choice to attend any member school located in the attendance zone in which the student resides with his/her parent(s)/guardian(s) or any other household with whom the student has been residing for the past calendar year and be immediately eligible unless an applicable exception applies. A transfer to another member school in the same attendance zone shall render the student ineligible for one calendar year. (OVER)

UNDUE INFLUENCE	If you have been recruited to a school for athletic purposes, you will remain ineligible as long as you attend that school.
AMATEUR	You cannot play high school athletics if you lose your amateur status.
INDEPENDENT TEAM	In certain sports you cannot play on a school team and an independent team during the same sport season.
MEDICAL EXAMINATION	You must <u>annually</u> pass a physical examination given by a licensed physician/nurse practitioner that is in collaboration with a licensed physician or a licensed physician's assistant under the supervision of a licensed physician and complete an LHSAA Medical History Evaluation form prior to participating.
ATHLETIC PARTICIPATION/ PARENTAL PERMISSION FORM	A school shall be required to have this form completed and signed <u>every year</u> prior to a student's participation in LHSAA athletics at the school.
SUBSTANCE ABUSE/MISUSE CONTRACT & CONSENT FORM	A school shall only be required to have this form completed and signed prior to the first time a student participates in LHSAA athletics at the school.
SUSPENDED AND INELIGIBLE STUDENTS	Cannot participate in any interscholastic contest on any team at any school at any level.

LHSAA ELIGIBILITY RULES APPLY TO STUDENT ATHLETES ON ALL TEAMS AT ALL LEVELS OF PLAY AT ALL LHSAA SCHOOLS

Eligibility to participate in interscholastic athletics is a privilege you earn by meeting standards outlined on this form and other regulations and policies set by the LHSAA and your school. If you have questions or do not fully understand an eligibility rule, check with your principal, athletic director or coach. By following the intent and spirit of the rules, you can help prevent violations which may penalize you, your team and/or your school.

ONE INELIGIBLE STUDENT MAY DISQUALIFY YOUR WHOLE TEAM – KNOW YOUR ELIGIBILITY RULES

PART II – PARENTAL PERMISSION - To be completed and signed by parent

I have read and reviewed the general requirements for high school athletic eligibility on this form and have discussed these requirements with my student athlete. I understand additional questions /explanations and specific circumstances should be directed to my student's principal, athletic director or coach.

I certify the parents' home address, on the reverse, is my sole bona fide residence and will notify the school principal immediately of any change in residence, since such a move may alter the eligibility status of my student athlete. All other information on the reverse is also accurate and current.

I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/ athletic director/principal of his/her school. Additionally, I give the LHSAA or it representative(s) permission to review my child's scholastic records and all required eligibility forms.

If the medical status of my child changes in any significant manner after he/she passes his/her physical examination, I will notify his/her principal of the change immediately.

I hereby give my consent and approval for the student named on this form to participate in any of the following LHSAA sports:

- | | | |
|---------------|--------------|-----------------|
| BASEBALL | GOLF | SWIMMING |
| BASKETBALL | GYMNASTICS | TENNIS |
| BOWLING | POWERLIFTING | TRACK AND FIELD |
| CROSS COUNTRY | SOCCER | VOLLEYBALL |
| FOOTBALL | SOFTBALL | WRESTLING |

Date: _____ Parent's Signature: _____

(Print Name) _____

Telephone No: () _____

LHSAA SUBSTANCE ABUSE/MISUSE CONTRACT AND CONSENT FORM

This form must be completed and signed and kept on file with the school and is subject to inspection by the LHSAA Rules Compliance Team.

As an LHSAA athlete, I, _____, agree to avoid the abuse or misuse of legal or illegal substances, including anabolic steroids and other performance enhancing drugs. I hereby grant permission to be tested for substance abuse/misuse as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a urine or hair specimen for testing upon the request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action specified in my School Drug Policy for Student Athletes.

I, _____, parent/guardian of the undersigned student-athlete, individually, and on behalf of my child, do hereby grant permission for and consent to said child being tested for substance abuse/misuse in accordance with his/her School Drug Policy for Student-Athletes and I understand that if any specimen taken from him/her indicates abuse or misuse of legal or illegal substances, including anabolic steroids and other performance enhancing drugs, he/she will be subject to action specified in the School Drug Policy for Student-Athletes for his/her school.

Dated: _____

Student-Athlete

Dated: _____

Parent/Guardian

Notes: Rule 1.9 of the LHSAA By-Laws, states that this contract shall remain in effect for the remainder of the student's eligibility. This means the contract only has to be signed once by both the student and his/her parent or guardian but the terms remain in effect for the student's entire high school career.

According to Rule 1.9.1 of the LHSAA By-Laws, without the signature of the student athlete and his/her parent/guardian, the student is ineligible to participate in interscholastic athletic contests at all levels of play in all LHSAA sports at all LHSAA schools until compliance with Rule 1.9.1 is obtained from both parties.

Any student participating in an interscholastic athletic contest(s) without a properly signed contract shall be classified as an ineligible student and both the student and school shall be penalized according to Rule 1.9.1.

Signature of the LHSAA's contract does not necessarily mean the student athlete will be tested. Federal courts have consistently ruled participation in high school athletics is a privilege, not an educational right.

Beauregard Parish Member School Substance Abuse/Misuse Contract and Consent Form

As an LHSAA athlete, I, _____, agree to avoid the abuse or misuse of legal or illegal substances. I hereby grant permission to be tested for substance abuse/misuse as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a urine or hair specimen for testing upon the request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action according to the Athletic and Discipline policies in my school's Student Handbook, parish policies, and state statutes.

I, _____, parent/guardian of the undersigned student athlete, individually, and on behalf of my child, do hereby grant permission for and consent to said child's being tested for substance abuse/misuse in accordance with parish policy, state statute, and his/her school's Student Handbook.

Student Athlete _____ Date _____
Parent/Guardian _____ Date _____
Principal Harry L. Hooker Date 2017/2018
Head Coach _____ Date _____

Student athlete substance abuse/misuse testing will be done in accordance with the following LHSAA and Beauregard Parish policies:

LHSAA POLICY

- 1.18 ABUSE AND/OR MISUSE OF ILLEGAL SUBSTANCES
 - 1.18.1 Each member school shall develop and implement a substance abuse/misuse policy including procedures for chemical testing of student athletes.
 - 1.18.2 Prior to participating in any LHSAA sanctioned sport, the student athlete and parent/guardian shall sign the LHSAA Substance Abuse/Misuse Contract developed and distributed to all schools by the LHSAA. The student athlete shall also sign the Substance Abuse/Misuse Contract of the LHSAA member school. Once signed, the LHSAA Substance Abuse/Misuse Contract and the Member School Substance Abuse Misuse Contract shall remain in effect for the remainder of the student athlete's eligibility.
 - 1.18.2.1 If a school fails to have both contracts signed in accordance with the above rule, the student shall be ineligible and remain ineligible for participation in all interscholastic athletic contests at all levels of play until he/she complies with this rule.
 - 1.18.2.2 In the event a student participates in violation of this rule, the school and the student shall be penalized according to the LHSAA's Penalty Code.
 - 1.18.3 Each Member School Substance Abuse/Misuse Contract shall incorporate the LHSAA Substance Abuse/Misuse Contract as an essential component.

Note: Signature of the Beauregard Parish contract does not necessarily mean student athlete will be tested.

BEAUREGARD PARISH STUDENT ATHLETE SUBSTANCE ABUSE/MISUSE TESTING POLICY

1. The names and/or social security numbers of all Beauregard Parish students who request to participate in LHSAA fall semester sports (football, basketball, cross-country, and soccer) shall form a pool for each school from which 2% of the names will be drawn from fall semester substance testing. All students who participate in any of the fall sports must participate in the substance abuse/misuse testing for that semester.
2. Similarly, the names and/or social security numbers of all Beauregard Parish student athletes who request to participate in LHSAA spring semester sports (basketball, baseball, softball, track, golf, and tennis) shall form a pool for each school from which 2% of the names will be drawn for a spring semester substance testing. All students who participate in any of the spring sports must participate in the substance abuse/misuse testing for that semester.
3. Every school with student participants during that semester shall be represented by at least one student in the testing.
4. The testing company shall be chosen according to Board policy.
5. Students shall be selected at random by the testing company.
6. The substance(s) to be tested for shall be determined by the Superintendent.
7. The testing shall not be conducted on the campus of any member school, but at a neutral site approved by the Superintendent.
8. Transportation of the student(s) shall be the responsibility of the member school's principal.
9. A school administrator shall accompany the athlete(s) to the testing session and remain with the athlete(s) to the extent possible.
10. The cost of the testing shall be the obligation of the Beauregard Parish School Board.
11. Positive test results shall be handled in accordance with Louisiana state statutes and Beauregard Parish policy and shall include:
 - a. loss of eligibility to participate in any sport for the remainder of the current school year.
 - b. required drug screening before participating in each sport during the next school year (with costs to be paid by the athlete and/or the athlete's parents or guardians).
 - c. random drug screening during the next year's sports season(s) (with all costs to be paid by the athlete and/or the athlete's parents or guardians), and
 - d. upon the second positive drug screening, the loss of all athletic eligibility for one calendar year.
12. Items a, b, and c of number 11 above shall also apply to any student athlete who is selected but refuses to participate in the substance testing.

**BEAUREGARD PARISH SCHOOL BOARD
ATHLETIC CONTRACT**

As an athlete of Beauregard Parish School Board, I,

_____, and my parents / guardian,

_____, understand that Beauregard

Parish School Board Discipline Policy states that:

Athletes - No person shall confront a coach before, during, or after an athletic contest or practice concerning a player or a coach's decision, but must make an appointment through the school's front office to discuss concerns with the coach. If this rule is violated, the person [s] may be suspended from subsequent games. Parents must sign an agreement before the athlete participates in an athletic contest.

Student Signature

Parent / Guardian Signature

Date

Student Participation/Hold Harmless Waiver

STATE OF LOUISIANA

PARISH OF BEAUREGARD

Be it known, that on this _____ day of _____, 20____, before me, the undersigned Notary Public duly commissioned and qualified, in and for the aforementioned State and Parish, personally came and appeared _____, who did depose and declare that:

Appearer is the parent and/or appointed legal guardian of the minor named _____, who is attending _____ School of the Beauregard Parish School system.

Appearer consents to the participation by the above named minor, during the 17/18 school year, the following activities:

Mark all activities of participation:

<input type="checkbox"/> Gymnastics	<input type="checkbox"/> Football	<input type="checkbox"/> Softball	<input type="checkbox"/> Any class/lab using chemicals, electrical or other powered machinery, device or appliance.
<input type="checkbox"/> Cross Country/Track	<input type="checkbox"/> Baseball	<input type="checkbox"/> Tennis	
<input type="checkbox"/> Soccer	<input type="checkbox"/> Basketball	<input type="checkbox"/> Golf	
<input type="checkbox"/> Cheerleading	<input type="checkbox"/> Dance	<input type="checkbox"/> Band	
<input type="checkbox"/> Volleyball	<input type="checkbox"/> Rodeo (School sponsored)	<input type="checkbox"/> JROTC	
<input type="checkbox"/> Drill, Flags, Pep Squad			
<input type="checkbox"/> Other (specify) _____			

Appearer acknowledges that there are certain risks of bodily injury to said minor while participating in the above marked activities and appearer assumes these risks on behalf of the minor realizing and acknowledging that said minor's participation in said activities is strictly voluntary.

Appearer acknowledges that the Beauregard Parish School Board furnishes limited supplemental accidental bodily injury insurance coverage and that a summary of the coverage and limitations is available upon request at the Beauregard Parish school offices. Appearer further acknowledges that the Beauregard Parish School Board assumes no further responsibility for injuries which the said minor might sustain while participating in the specified activities.

Appearer assumes and agrees to hold the Beauregard Parish School Board and its employees harmless from any and all responsibility for medical expenses and/or hospitalization expenses, or other claims by medical providers which are incurred as a result of the minor's participation in the specified activities; and further, Appearer agrees to fully indemnify the Board for any of the aforesaid expenses which it may be called upon to pay.

This statement is in no way a release or waiver of rights which appearer or the minor might have against the Beauregard Parish School Board or its employees.

Appearer's Signature

SWORN TO AND SUBSCRIBED before me, the undersigned Notary Public:

Notary Public